



ARDEN

**Our Mission:**

Empowered by Christ, we walk together with all we serve.

*“Trinity View does not discriminate in housing, services, or employment on the basis of race, color, national origin, religion, age, disability, or sex.”*

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Volume 10, Issue 2

February 2018



# Trinity Views

## History of the Super Bowl



Trinity View has been celebrating Super Bowl since the 90s. Residents and staff have enjoyed watching iconic games and halftime shows during one of America's favorite pastimes, the game of all games: *The Super Bowl!* Super Bowl Sunday has always been held on the last Sunday of the month of January but was delayed due to September 11, 2001 attacks, thus now being held on the first Sunday in February. Also it is solely a United States celebration; just like in the old days when the old king was dethroned and a new king was crowned at the start of the new

tends to determine who wears the “crown” in football with opposing teams from the AFL (American Football League) and the NFL (National Football League). A Texas financier and owner of the Kansas City Chiefs, Lamar Hunt, came up with the idea of calling it "*The Super Bowl*" after watching his daughter play with a Super Ball - *a small, high-bouncing ball very popular at that time.* All the games have been identified with Roman numerals rather than numbers since 1971, except for Super Bowl 50 (2017), for which the number was used instead of the Roman numeral. On Sunday, February 4, Trinity View, along with the whole nation, will be tuned into Super Bowl LII (52) when the New England Patriots take on the Philadelphia Eagles.

*Kick-off time is at 6:30 pm. in the meeting room with refreshments.*



# Chaplain's Corner

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February 14 is Saint Valentine's Day. Historically speaking, we know very little factual information about Saint Valentine. Historians believe that he was most likely a Bishop in the early church who was martyred for the faith. But St. Valentine's connection to our modern celebration is sketchy at best. This year, St. Valentine's Day also falls on Ash Wednesday. Ash Wednesday begins the season of Lent for the Christian Church. These six weeks prior to Easter are set aside to reflect upon God's love given to us, through the life, death and resurrection of Jesus.

During the season of Lent, many Christians are more intentional in their devotional and prayer life. Traditionally, many give up sweets, baked goods and candy as a reminder of everything that God has given up for us. In response to God's love through Jesus, some practice sacrificial giving of time, talent and resources on behalf of others who may be in need.

St. Valentine's Day and Ash Wednesday fit together very nicely. We are reminded to share God's love with others, those we are closest to and those in the world around us. Flowers and sweets, a special outing, random acts of kindness, words of encouragement, an invitation to dinner, or just a friendly conversation are just a few of the ways we can share God's love with others. Be assured, as you share God's love with others, you will be honoring both St. Valentine's Day and Ash Wednesday.

*Pastor Steve Ridenhour, Chaplain*

# 2018 Resident Council

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At their January meeting the Council elected the following officers: President-Hugh Caudill

Vice-President- Rob Newcomer

Secretary- Lee Fowler

Treasurer-Marilyn Patterson

At Large Members: Bob Devereaux, Maxine Nelson and Bill Payne

As in the past, we will communicate with residents on a regular basis through the monthly Trinity Views publication. We are here to help you find answers to questions you may have, to ensure that Trinity View is the home you anticipated it would be, and to be sure you are aware of the many services and programs which are available to residents.

We understand that folks moving in can be confused by the wide variety of activities open to them. We will endeavor to be a resource for them and for all residents, so everyone will enjoy our facilities to the fullest.

## February Reminders

**Sunday, February 4th** - Chapel Service at 4:00 p.m. and Super Bowl Party at 6:30 pm

**Monday, February 5th** - Monthly Coffee Hour with Staff at 10:15 am

**Friday, February 9th** - Opening Ceremony for Winter Olympics at 7:30 pm

**Sunday, February 11th** - Dynamic Duo Concert at 2:00 pm

**Wednesday, February 14th** - Ash Wednesday Service with Nativity at 11:00 am and a Valentine's Day Concert with Ozzie and Friends at 6:30 pm

**Monday, February 19th** - Reading with Andy "Popular Love Songs"

**Wednesday, February 28th** - AARP Tax Aid

# New Trinity View Resident



Mrs. Jackie Patrick moved to the community during the month of January. Jackie has worked and lived in Macon, Georgia; Warner Robbins AFB; Bangor, Maine; El Paso, Texas; Chattanooga, Tennessee; and Canton, North Carolina. She is a graduate from high school and attended business school and received a Horticulture Degree from Haywood Tech in 1995. She is affiliated with the Methodist faith and has received the Dan K. Moore Award and the John Alderman Award. *Please welcome Mrs. Jackie Patrick to the community!*

# Library Notes






You know we have books...fiction and non-fiction, large print, paperbacks, inspirational as well as magazines and DVDs all for your enjoyment on the honor system. However, our library is multi-functional and offers many opportunities for further learning and fun. How about the computer and the coffee machine; that's a good place to start. Look at your monthly schedule and notice all the events that take place in the library...discussion groups, Bible study, bridge, Scrabble, Table Talk and the meeting place for the Residents' Council. Check out Coloring with a Twist. There is also a game called Bananagrams on Friday evenings. There are also games like Monopoly, Pictionary and Trivial Pursuit...fun if company drops in. When you leave, check out another book and take a peek at the current jigsaw puzzle.

# Activity Calendar February 2018



*"While it is February one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch." -Patience Strong*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<h2>Trinity View Activity Calendar February 2018</h2>		<p><b>1</b> 10:00-10:45 Strength Training (RR) <b>12:30-1:30 Ingles</b> <b>1:45-2:30 Ingles</b> 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) 2:30-3:30 Bingo (AL) 6:30-8:00 Coloring with a Twist (Library)</p>	<p><b>2</b> <b>Groundhog Day</b> 10:00-11:00 Scrabble Game (Library) 10:30-11:15 Bethany and Kids (AL) <b>1:00-2:30 Errands in Skyland &amp; Target</b> 2:00-2:30 Healing Movement and Balance Class (RR) <b>3:00-4:00 Worcester and the Malverns with Music by Elgar (MR)</b></p>	<p><b>3</b> 10:30-11:15 Line Dancing with Olga (RR) 6:30-7:30 Coloring with a Twist (AL)</p>	
<p><b>4</b> 10:00 –12:30 Trinity View Shuttle to Area Churches <b>1:30-2:15 Therapy Dog “Diamond” (Second Floor Lobby)</b> <b>4:00-5:00 Sunday Chapel Service (MR)</b> <b>6:30-8:30 Super Bowl LII: Philadelphia Eagles vs. New England Patriots Party (MR)</b></p>	<p><b>5</b> 10:15-11:15 Coffee Hour (MR) <b>10:00-2:00 Aroma Therapy (GR)*</b> 11:00-11:45 Healing Movements (RR) 1:30-2:30 Resident’s Council (Library) 2:00-2:45 Chair Yoga (RR) <b>3:30-4:30 Piano Concert with Ethan Uslan (MR)</b></p>	<p><b>6</b> 9:30-10:00 Chair Exercise (RR) 10:00-10:45 Bible Study (Library) 11:00-11:30 Chapel Service (C) 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) <b>2:00-3:00 Afternoon Social (Lobby)</b> 3:00-4:00 Bingo (MR) <b>6:30-7:30 Music with Tom Fisch (MR)</b></p>	<p><b>7</b> 8:30-9:30 Trinity View Breakfast (DR)* <b>10:00-2:00 Aroma Therapy (GR)*</b> 12:30-2:00 Bridge (Library) <b>1:30-3:30 Errands in Skyland &amp; Wal-Mart</b> <b>3:45-4:45 Music with John T (AL)</b> 6:30-8:00 Pool Game (GR)</p>	<p><b>8</b> 10:00-10:45 Strength Training (RR) <b>12:30-1:30 Ingles</b> <b>1:45-2:30 Ingles</b> 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) 2:30-3:30 Bingo (AL) 6:30-8:00 Coloring with a Twist (Library)</p>	<p><b>9</b> 10:30-11:30 Bethany and Kids (AL) 10:00-11:00 Scrabble Game (Library) <b>11:30-2:30 Olive Garden or Red Lobster in Asheville*</b> 2:00-2:30 Healing Movement and Balance Class (RR) <b>7:30-9:30 Opening Ceremony for Winter Olympics Social (MR)</b></p>	<p><b>10</b> 10:30-11:15 Line Dancing with Olga (RR) <b>2:00-3:00 Saturday Afternoon Bingo (MR)</b> <b>6:45 departure for HCT: Love, Loss, and What I Wore *</b></p>
<p><b>11</b> 10:00 –12:30 Trinity View Shuttle Churches <b>2:00-2:45 Dynamic Duo Flutist Concert (MR)</b></p>	<p><b>12</b> <b>8:00-1:00 Dr. Appointments*</b> <b>8:30-9:30 Men’s Discussion (Library)</b> <b>10:00-2:00 Aroma Therapy (GR)*</b> 11:00-11:45 Healing Movements (RR) <b>1:30-3:30 Errands &amp; Target</b> 2:00-2:45 Chair Yoga (RR) <b>3:30-4:30 Afternoon Social with John T. (Lobby)</b></p>	<p><b>13</b> 8:30-9:30 TV Breakfast (DR)* 9:30-10:00 Chair Exercise (RR) 10:00-10:45 Bible Study (Library) 11:00-11:30 Chapel Service (C) 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) <b>2:00-3:00 Valentine’s Day Candy Grams (AL)</b> 3:00-4:00 Bingo (MR)</p>	<p><b>14</b> <b>Valentine’s Day</b>  <b>10:30-11:30 Ash Wednesday Service with Nativity (MR)</b> <b>10:00-2:00 Aroma Therapy (GR)*</b> 12:30-2:00 Bridge (Library) <b>3:00-4:00 Memory Trippin’ (MR)</b> 6:30-8:00 Pool Game (GR) <b>6:30-7:30 Valentines’ Concert with Ozzie (MR)</b></p>	<p><b>15</b> 10:00-10:45 Strength Training (RR) <b>12:30-1:30 Ingles/1:45-2:30 Ingles</b> 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) 2:30-3:30 Bingo (AL) <b>3:30-4:30 Music with Sutton, Harvey, Reeves, and Hanna (MR)</b> 6:30-8:00 Coloring with a Twist (Library)</p>	<p><b>16</b> 10:00-11:00 Scrabble Game (Library) 10:30-11:30 Bethany and Kids (AL) <b>1:30-3:30 Shopping at Bon Worths*</b> 2:00-2:30 Healing Movement and Balance Class (RR) <b>3:45-4:45 Music with John T (AL)</b></p>	<p><b>17</b> 10:30-11:15 Line Dancing with Olga (RR) <b>2:30-3:00 Sing A-Long with Sandra (AL)</b> 6:30-7:30 Coloring with a Twist (AL)</p>
<p><b>18</b> 10:00 –12:30 Trinity View Church Shuttle <b>1:30-2:15 Therapy Dog “Diamond” (Second Floor Lobby)</b> <b>2:00 departure for Blue Ridge Symphonic Brass Concert*</b> <b>6:15 Sunday Chapel Service (MR)</b></p>	<p><b>19</b> 9:00-2:00 Carolina Mobile Optics (MR) <b>10:00-2:00 Aroma Therapy (GR)*</b> 11:00-11:45 Healing Movements (RR) <b>1:30-3:30 Errands &amp; Wal-Mart</b> 2:00-2:45 Chair Yoga (RR) <b>3:00-4:00 Reading with Andy: A Selection of Popular Love Songs (MR)</b></p>	<p><b>20</b> 9:30-10:00 Chair Exercise (RR) 10:00-10:45 Bible Study (Library) 11:00-11:30 Chapel Service (C) 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) <b>2:00-3:00 Afternoon Social (Lobby)</b> 3:00-4:00 Bingo (MR)</p>	<p><b>21</b> 8:30-9:30 Trinity View Breakfast (DR)* <b>10:00-2:00 Aroma Therapy (GR)*</b> 12:30-2:00 Bridge (Library) <b>3:00-4:00 Crafts with Pat (AL)</b> 6:30-8:00 Pool Game (GR)</p>	<p><b>22</b> 10:00-10:45 Strength Training (RR) <b>12:30-1:30 Ingles/1:45-2:30 Ingles</b> 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) 2:30-3:30 Bingo (AL) <b>3:30-4:30 Margarita Social (Lobby)</b> 6:30-8:00 Coloring with a Twist (Library) <b>6:30-7:30 Mardi Gras Band (MR)</b></p>	<p><b>23</b> <b>9:20-12:00 Low Vision Group*</b> 10:00-11:00 Scrabble Game (Library) <b>10:30-11:15 Trinity View Singers Rehearsal (RR)</b> 10:30-11:30 Bethany and Kids (AL) <b>1:30-2:30 Afternoon Ride with Assisted Living*</b> 2:00-2:30 Healing Movement &amp; Balance Class (RR)</p>	<p><b>24</b> 10:30-11:15 Line Dancing with Olga (RR) <b>6:30-8:30 Saturday Night Movie: LBJ (MR)</b></p>
<p><b>25</b> 10:00 –12:30 Trinity View Church Shuttle <b>2:00 departure for Cinemark Movie Theater: Movie TBA</b></p>	<p><b>26</b> 10:00-2:00 Aroma Therapy (GR)* 11:00-11:45 Healing Movements (RR) <b>1:30-3:30 Errands in Skyland and Target Shopping Center</b> 2:00-2:45 Chair Yoga (RR) <b>3:00-4:00 Table Talk with Chaplain Ridenhour (Library)</b></p>	<p><b>27</b> 9:30-10:00 Chair Exercise (RR) 10:00-10:45 Bible Study (Library) 11:00-11:30 Chapel Service (C) 1:00-1:30 Balance Class (RR) 1:30-2:00 Exercise with Jeff (AL) 3:00-4:00 Bingo (MR)</p>	<p><b>28</b> 8:30-9:30 Trinity View Breakfast (DR)* <b>10:00-2:00 AARP Tax Aide*</b> <b>10:00-2:00 Aroma Therapy (GR)*</b> 12:30-2:00 Bridge (Library) <b>3:30-4:30 Step On It! Program (MR)</b> <b>3:45-4:45 Music with John T. (AL)</b> 6:30-8:00 Pool Game (GR)</p>	